

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		9:30 AM Coffee & Pastry Social 9:30 AM Water Aerobics with Desiray (PL) 10:00 AM Tech Time with Mark (SC) 10:30 AM Bus Outing Scottsdale Fashion Square (BO) 11:00 AM Hearing Health Seminar: Balance, Brain Health & Prevention 11:30 AM Stretching with Ty (FS) 11:30 AM Hearing Aid Cleaning by Aspire Audiology and Hearing Center 1:00 PM Billiards 1:00 PM Week 3: Final Round-Robin Matchups (FS) 2:00 PM Scrabble Club (RR) 3:00 PM What's the Scoop? - Resident Experience Planning Meeting (RR) 3:30 PM Songs & Sing-Along (TH) 4:30 PM Bus Outing Dinner at Village Tavern (Table Reserved for 6) (BO) 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice: Notting Hill (TH)	8:30 AM Shuttle Services with Bob (BO) 9:30 AM Agility with Fox Therapy (FS) 10:00 AM Midweek Comedy Break (TH) 11:00 AM Aerobics with Nicole (FS) 12:00 PM Welcome Home Ambassador Meeting (PD) 12:30 PM Cubigo 101 (RR) 12:30 PM Bus Outing White Dove Thrift Shoppe (BO) 2:00 PM Rummikub (RR) 3:30 PM Communion (TH) 4:00 PM Happy Hour with Live Music by John Demand (SC) 6:00 PM Game Night - Jeopardy with Mike (RR) 7:15 PM Movie Showing Resident's Choice (TH)	9:00 AM Tai Chi with Maico (FS) 10:00 AM Weekly Christian Worship Service (TH) 10:30 AM Water Aerobics with Desiray (PL) 11:30 AM Balance and Stability with Dr. Elizabeth Burke (FS) 12:00 PM Hand and Foot (RR) 12:30 PM Tech Help with Desiray and Ty (SC) 1:00 PM Build Your Own Bouquet (AS) 2:00 PM Mahjong (RR) 2:00 PM Bus Outing Fry's Grocery (BO) 7:15 PM Movie Showing Resident's Choice (TH)	9:30 AM Slow Flow Yoga with Hemal (FS) 10:30 AM Chair Yoga with Hemal (FS) 11:00 AM Wii Bowling (RR) 11:30 AM Friday History Spotlight The San Francisco Earthquake of 1906 (TH) 1:00 PM Resistance Band Fitness with Ross (FS) 2:00 PM Feel Good Friday: The Art of Coloring (AS) 2:00 PM Bingo with Sandy and Tina (RR) 2:00 PM Bus Outing Scottsdale Library (BO) 3:30 PM Sequence (RR) 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice (TH)	11:00 AM Mobility with Nicole (FS) 11:00 AM National Cheese Pizza Day (Complimentary Pizza During Lunch) (SC) 12:30 PM Bus Outing The Prom at Arizona Broadway Theater (BO) 1:00 PM Rummikub (RR) 1:00 PM Intro to Fitness Machines and Equipment (FS) 2:00 PM Cornhole (FS) 3:00 PM Mahjong (RR) 3:30 PM Euchre Card Game (RR) 6:30 PM Beginner Poker (RR) 7:15 PM Movie Showing Resident's Choice (TH)
6	7	8	9	10	11	12
8:30 AM Shuttle Services with Regis (BO) 10:00 AM Morning Energizer with Desiray (FS) 12:30 PM 5 Crowns (RR) 2:00 PM Bridge (RR) 2:00 PM Art Studio Collective Project (AS) 4:00 PM Game Night - Jeopardy with Mike (RR) 4:00 PM National Coffee Ice Cream Day (Complimentary Coffee Ice Cream during Dinner) (SC) 7:15 PM Movie Showing Resident's Choice (TH)	9:30 AM Gentle Yoga (Chair + Slow Flow Yoga Hybrid) with Hemal (FS) 11:00 AM Canasta (RR) 11:00 AM National Beer Day (Happy Hour on Beer all Day) (SC) 11:00 AM Body Pump with Fox Therapy (FS) 11:30 AM Mindful Monday: You've probably met a psychopath and didn't know it Abigail Marsh (TH) 12:00 PM Matinee Movie Showing Cheaper by the Dozen 2 (TH) 1:00 PM Chair Dance: Dancing Through the Decades (FS) 2:00 PM Mahjong (RR) 3:30 PM Game Night Chess (RR) 4:00 PM Yappy Hour 6:30 PM Beginner Poker (RR) 7:00 PM Movie Showing Cheaper by the Dozen 2 (TH)	9:30 AM Coffee & Pastry Social (OV) 9:30 AM Water Aerobics with Desiray (PL) 10:30 AM Bus Outing Scottsdale Fashion Square (BO) 11:30 AM Stretching with Ty (FS) 12:30 PM Bus Outing Lunch at Texas Roadhouse (BO) 1:00 PM Billiards 1:30 PM Ken Sorensen Lecture Series: 9/11 (TH) 2:00 PM Scrabble Club (RR) 2:30 PM Week 4: Cornhole Tournament Semifinals (FS) 2:30 PM Bus Outing Walmart (BO) 3:30 PM Songs & Sing-Along (TH) 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice (TH)	8:30 AM Shuttle Services with Bob (BO) 9:30 AM Agility with Fox Therapy (FS) 10:00 AM Midweek Comedy Break (TH) 10:00 AM Community Chat with Breakfast (OV) 11:00 AM Aerobics with Nicole (FS) 12:30 PM Cubigo 101 (RR) 1:00 PM Bus Outing Wrigley Mansion Tour Experience (BO) 2:00 PM Rummikub (RR) 3:30 PM Communion (TH) 4:00 PM Happy Hour with Live Music by Jay Joseph (SC) 5:00 PM NFL Kickoff Watch Party (TH) 6:00 PM Game Night - Jeopardy with Mike (RR)	9:00 AM Tai Chi with Maico (FS) 10:00 AM Weekly Christian Worship Service (TH) 10:30 AM Water Aerobics with Desiray (PL) 11:30 AM Balance and Stability with Dr. Elizabeth Burke (FS) 12:00 PM Hand and Foot (RR) 12:30 PM Tech Help with Desiray and Ty (SC) 12:30 PM Bus Outing Sprouts Farmers Market (BO) 1:00 PM Peach Cobbler with Diane (OV) 2:00 PM Mahjong (RR) 3:00 PM Art Studio with Desiray Luau Flower Crowns (AS) 7:15 PM Movie Showing Resident's Choice (TH)	9:30 AM Slow Flow Yoga with Hemal (FS) 10:30 AM Chair Yoga with Hemal (FS) 11:00 AM Wii Bowling (RR) 11:00 AM Friday History Spotlight How They Built the Golden Gate Bridge Without Power Tools In 1937 (TH) 11:00 AM Flu and Respiratory Vaccine Clinic (RR) 11:00 AM Bible Study (AS) 1:00 PM Resistance Band Fitness with Ross (FS) 2:00 PM Feel Good Friday: The Art of Coloring (AS) 2:00 PM Bingo with Sandy and Tina 2:00 PM Bus Outing Scottsdale Library (BO) 3:00 PM Meet the Provider with Mulberry Health (OV) 3:30 PM Sequence (RR) 6:00 PM Casino Night (RR) 6:00 PM Neil Forever - Neil Diamond Tribute @ Orpheum Theater (BO) 7:15 PM Movie Showing Resident's Choice (TH)	11:00 AM Mobility with Nicole (FS) 1:00 PM Rummikub (RR) 1:00 PM Intro to Fitness Machines and Equipment (FS) 1:00 PM Celebration of Life for Fran Canepa at Revel Scottsdale (SC) 1:00 PM Bus Outing Albertsons (BO) 2:00 PM Cornhole (FS) 3:00 PM Mahjong (RR) 3:30 PM Euchre Card Game (RR) 5:00 PM Rosh Hashanah (OV) 5:30 PM Bus Outing The West's Most Western Rodeo at WestWorld of Scottsdale (BO) 6:30 PM Beginner Poker (RR) 7:15 PM Movie Showing Resident's Choice (TH)

AS = Art Studio, BO = Bus Outing, FP- Fire Pit, FS = Fitness Studio, OV = Ovation, PD = Private Dining, PL = Pool, RR = Revel Room, SC = The Social Club, TH = Theater

*Activities and times may be subject to change. Please be sure to check Cubigo daily for the most accurate schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13	14	15	16	17	18	19
8:30 AM Shuttle Services with Regis (BO) 10:00 AM Morning Energizer with Desiray (FS) 12:30 PM 5 Crowns (RR) 2:00 PM Bridge (RR) 2:00 PM Art Studio Collective Project (AS) 4:00 PM Game Night - Jeopardy with Mike (RR) 7:15 PM Movie Showing Resident's Choice (TH)	8:00 AM National Crème Filled Donut Day (Complimentary Donuts Served During Breakfast) (SC) 9:30 AM Gentle Yoga (Chair + Slow Flow Yoga Hybrid) with Hemal (FS) 11:00 AM Canasta (RR) 11:00 AM Body Pump with Fox Therapy 11:30 AM Mindful Monday: What Sitting All Day Does to Your Brain and Body Keith Diaz TED (TH) 11:30 AM Cannabis & the Aging Brain: Facts, Myths and More with Dr. Dana Lillestol, PhD (TH) 12:00 PM Matinee Movie Showing The Peanut Butter Falcon (TH) 1:00 PM Chair Dance: Dancing Through the Decades (FS) 2:00 PM Mahjong (RR) 2:00 PM Bus Outing Trader Joe's (BO) 3:30 PM Game Night Chess (RR) 4:00 PM Yappy Hour 6:30 PM Beginner Poker and Wine Club 7:00 PM Movie Showing The Peanut Butter Falcon (TH)	9:30 AM Coffee & Pastry Social (OV) 9:30 AM Water Aerobics with Desiray (PL) 10:30 AM Bus Outing Scottsdale Fashion Square (BO) 11:30 AM Stretching with Ty (FS) 12:30 PM PreGame Championship Performance with Jeff Burkett (SC) 1:00 PM Billiards 2:00 PM Scrabble Club (RR) 2:00 PM Championship Team Introductions (SC) 2:30 PM Week 5: Cornhole Championship (SC) 3:30 PM Songs & Sing-Along (TH) 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice (TH)	8:30 AM Shuttle Services with Bob (BO) 9:30 AM Agility with Fox Therapy (FS) 10:00 AM Midweek Comedy Break (TH) 11:00 AM Aerobics with Nicole (FS) 12:00 PM Matinee Movie Showing The Finest Hours (TH) 12:30 PM Cubigo 101 (RR) 12:30 PM Bus Outing Titanic: An Immersive Voyage (BO) 2:00 PM Rummikub (RR) 3:30 PM Communion (TH) 6:00 PM Game Night - Jeopardy with Mike (RR) 7:00 PM Movie Showing The Finest Hours (TH)	9:00 AM Tai Chi with Maico (FS) 9:30 AM Veteran's Breakfast with Veteran's Affinity (SC) 9:30 AM Partners in Service Breakfast (OV) 10:00 AM Weekly Christian Worship Service (TH) 10:30 AM Book Club with Haidee (RR) 10:30 AM Water Aerobics with Desiray (PL) 11:30 AM Balance and Stability with Dr. Elizabeth Burke (FS) 12:00 PM Hand and Foot (RR) 12:30 PM Tech Help with Desiray and Ty (SC) 2:00 PM Mahjong (RR) 2:00 PM Bus Outing Fry's Grocery (BO) 3:00 PM Art Studio with Desiray Pour & Paint (AS) 7:15 PM Movie Showing Resident's Choice (TH)	9:30 AM Slow Flow Yoga with Hemal (FS) 10:00 AM New Image Fashion Show Pop Up Clothing Sale Event (RR) 10:30 AM Chair Yoga with Hemal (FS) 11:00 AM Wii Bowling (RR) 11:00 AM Friday History Spotlight Turning \$800 into MILLIONS - The MOTOWN Story (TH) 11:00 AM National Cheeseburger Day (Served during Lunch as Special) (SC) 1:00 PM Resistance Band Fitness with Ross (FS) 2:00 PM Feel Good Friday: The Art of Coloring (AS) 2:00 PM Bingo with Sandy and Tina (RR) 2:00 PM Bus Outing Scottsdale Library (BO) 3:30 PM Sequence (RR) 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice (TH)	11:00 AM Mobility with Nicole (FS) 11:30 AM Bus Outing Brunch at the Mission (BO) 12:00 PM Grandparents Day Brunch Celebration (OV) 1:00 PM Rummikub (RR) 1:00 PM Intro to Fitness Machines and Equipment (FS) 2:00 PM Cornhole (FS) 3:00 PM Mahjong (RR) 3:30 PM Euchre Card Game (RR) 6:00 PM An Evening at the Ballet with Ballerina Emily Ricca (OV) 6:30 PM Beginner Poker (RR) 7:15 PM Movie Showing Resident's Choice (TH)
20	21	22	23	24	25	26
8:30 AM Shuttle Services with Regis (BO) 10:00 AM Morning Energizer with Desiray (FS) 12:30 PM 5 Crowns (RR) 2:00 PM Bridge (RR) 2:00 PM Art Studio Collective Project (AS) 4:00 PM Game Night - Jeopardy with Mike (RR) 7:15 PM Movie Showing Resident's Choice (TH)	9:30 AM Gentle Yoga (Chair + Slow Flow Yoga Hybrid) with Hemal (FS) 11:00 AM Canasta (RR) 11:00 AM Body Pump with Fox Therapy (FS) 11:30 AM Mindful Monday: TEDxOrangeCoast - Daniel Amen - Change Your Brain, Change Your Life (TH) 12:00 PM Matinee Movie Showing The Terminal (TH) 1:00 PM Chair Dance: Dancing Through the Decades (FS) 1:00 PM Bus Outing Walmart (BO) 2:00 PM Mahjong (RR) 3:30 PM Game Night Chess (RR) 4:00 PM Yappy Hour 5:00 PM Yom Kippur (OV) 6:30 PM Beginner Poker (RR) 7:00 PM Movie Showing The Terminal	9:30 AM Coffee & Pastry Social (OV) 9:30 AM Water Aerobics with Desiray (PL) 10:30 AM Bus Outing Scottsdale Fashion Square (BO) 11:30 AM Stretching with Ty (FS) 12:00 PM Welcome Home Ambassador Meeting (PD) 12:30 PM Bus Outing Shopping at Turn Style Consignment (BO) 1:00 PM Billiards 1:00 PM The Legacy and Music of ASU Kerr with Director Tracey Mason (TH) 2:00 PM Scrabble Club (RR) 3:30 PM Songs & Sing-Along (TH) 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice (TH)	8:30 AM Shuttle Services with Bob (BO) 9:30 AM Agility with Fox Therapy (FS) 10:00 AM Midweek Comedy Break (TH) 10:00 AM Table Talk with Rabbi Levi (RR) 11:00 AM Aerobics with Nicole (FS) 12:00 PM Matinee Movie Showing Hope Springs (TH) 12:30 PM Cubigo 101 (RR) 1:00 PM Beading 101 with Sharon Friendly (AS) 2:00 PM Rummikub (RR) 3:30 PM Communion (TH) 6:00 PM Game Night - Jeopardy with Mike (RR) 7:00 PM Movie Showing Hope Springs (TH)	9:00 AM Tai Chi with Maico (FS) 10:00 AM Weekly Christian Worship Service (TH) 10:00 AM Bus Outing Costco (BO) 10:30 AM Water Aerobics with Desiray (PL) 11:30 AM Balance and Stability with Dr. Elizabeth Burke (FS) 12:00 PM Hand and Foot (RR) 12:00 PM Bus Outing AJ's Fine Foods (BO) 12:30 PM Tech Help with Desiray and Ty (SC) 2:00 PM Mahjong (RR) 7:15 PM Movie Showing Resident's Choice (TH)	9:30 AM Slow Flow Yoga with Hemal 10:30 AM Chair Yoga with Hemal (FS) 11:00 AM Wii Bowling (RR) 11:00 AM Friday History Spotlight A History of the Telephone (TH) 1:00 PM Resistance Band Fitness with Ross (FS) 2:00 PM Feel Good Friday: The Art of Coloring (AS) 2:00 PM Bingo with Sandy and Tina 2:00 PM Bus Outing Scottsdale Library 3:30 PM Sequence (RR) 4:45 PM Bus Outing Fish and Sips at The OdySea Aquarium (BO) 5:00 PM End of Summer Luau with Live Music by Lokahi Hawaiian Band 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice (TH)	11:00 AM Mobility with Nicole (FS) 12:00 PM Bible Study (AS) 1:00 PM Rummikub (RR) 1:00 PM Intro to Fitness Machines and Equipment (FS) 1:00 PM Bus Outing Albertsons (BO) 2:00 PM Cornhole (FS) 3:00 PM Mahjong (RR) 3:30 PM Euchre Card Game (RR) 6:30 PM Beginner Poker (RR) 7:15 PM Movie Showing Resident's Choice (TH)
27	28	29	30			
8:30 AM Shuttle Services with Regis (BO) 10:00 AM Morning Energizer with Desiray (FS) 12:30 PM 5 Crowns (RR) 2:00 PM Bridge (RR) 2:00 PM Art Studio Collective Project (AS) 4:00 PM Game Night - Jeopardy with Mike (RR) 7:15 PM Movie Showing Resident's Choice (TH)	9:30 AM Gentle Yoga (Chair + Slow Flow Yoga Hybrid) with Hemal (FS) 11:00 AM Canasta (RR) 11:00 AM Body Pump with Fox Therapy 11:30 AM Mindful Monday: The Power of Deliberate Listening Ronnie Polaneczky TEDxPhiladelphia (TH) 12:00 PM Matinee Movie Showing Lucy and Desi (TH) 1:00 PM Chair Dance: Dancing Through the Decades (FS) 2:00 PM Mahjong (RR) 2:00 PM Bus Outing Trader Joe's (BO) 3:30 PM Game Night Chess (RR) 4:00 PM Yappy Hour 6:30 PM Beginner Poker and Wine Club 7:00 PM Movie Showing Lucy and Desi	9:30 AM Coffee & Pastry Social (OV) 9:30 AM Water Aerobics with Desiray (PL) 9:30 AM Coffee Tasting with Our Baristas (SC) 10:30 AM Bus Outing Scottsdale Fashion Square (BO) 11:30 AM Stretching with Ty (FS) 1:00 PM Billiards 2:00 PM Scrabble Club (RR) 3:30 PM Songs & Sing-Along (TH) 6:00 PM Casino Night (RR) 7:15 PM Movie Showing Resident's Choice (TH)	8:30 AM Shuttle Services with Bob 9:30 AM Agility with Fox Therapy (FS) 10:00 AM Midweek Comedy Break (TH) 10:00 AM Resident Breakfast (OV) 11:00 AM Aerobics with Nicole (FS) 12:00 PM Matinee Movie Showing Pillow Talk (TH) 12:30 PM Cubigo 101 (RR) 2:00 PM Rummikub (RR) 2:00 PM National Good Neighbor Day Social (OV) 3:30 PM Communion (TH) 6:00 PM Game Night - Jeopardy with Mike 6:00 PM Bus Outing The Phantom of the Opera (Touring) at The ASU Gammage (BO) 7:00 PM Movie Showing Pillow Talk (TH)			