



TOP 5 RIGHTSIZING TIPS

Check out these top five tips for rightsizing from Heidi Lane,
Certified Senior Move Manager with Discover Goodwill:



1 Start the rightsizing process as soon as you can.

Starting early and working at your own pace can help reduce stress for you and your family.



2 Tackle the easiest areas of the home first.

Start with the kitchen, linen closets, bathrooms, and garage before moving on to the more emotionally draining areas like children's rooms.



3 Outsource the rightsizing process if possible.

Unbiased third parties won't have the sentimental attachment that you or your family members may have to your belongings. Once they've sorted through your belongings, you can make the final decisions on what items should be donated or thrown away, and what you'll bring for the move.

4 Consider trading collections of physical items for pictures and happy memories.

If you're an avid collector, turning your collection of physical items into a beautiful hardbound book of pictures can be a way to preserve those memories without bringing the items with you in your move.



5 Think critically about what type of lifestyle you really want.

Lifestyle preferences evolve and change throughout every stage of life. Take the time to envision what an optimal lifestyle looks like to you, and use the rightsizing process to make that vision a reality.

